


# Holy Trinity Eastern Orthodox Nursing & Rehabilitation Center

## Calendar of Activities

### September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
V= Village Dayroom C= Courtyard Dayroom H= Hillside Dayroom D= Dining Room Ch- Chapel A- All Units	Contact Gina Metras, Activity Director with any questions or suggestions gmetras@htnr.net	*calendar is subject to change, changes will be posted on the daily schedules * Outdoor programs will be scheduled as the weather permits.	There will be an outing to Foxwoods on September 15th, see Gina to sign up. Seats are limited and will be decided by a drawing 		10:00- Exercise- A 10:45- Trivia Fun- A 2:00- Activity Planning Meeting- D 2:00- Music Therapy- C 3:00- Music Therapy- H 3:00- Coffee Social- D 6:00- Manicures with Sarah	10:00- Exercise Circle- C 10:15- Exercise Circle- V 10:45- Music & Movement-H 11:00- Trivia Challenge- V 2:00- BINGO-D
8:00 & 12:00- TV Catholic Mass- Channel 29 10:00- Coffee Cart Visits- All units 2:00- Afternoon Movie- D	10:00- Exercise- C 10:30- Exercise- V 11:00- Exercise- H 2:00- Bingo-D 3:00- Coffee Social- D <b>Happy Labor Day</b>	10:00- Exercise Circle- A 10:45- Trivia & Discussion- A 2:00- Catholic Service-Chapel 2:00- Crafts & Coloring- D 3:00- Coffee Social- Dining Room 6:00- Baking Cookies- All units	9:30- Divine Liturgy- D 10:00- Exercise- C & H 10:45- Word Games- C & H 2:00- Jeopardy Challenge- D 2:30- Baptist Service- Conference Room 3:00- Coffee Social- D 6:30- Bingo- D	10:00- Exercise- A 10:45- Trivia Fun- A 2:00- Patriots Football Theme Party for Opening Game- D 3:00- Coffee Social- D 6:30- Bingo- D	10:00- Exercise- A 10:45- Trivia Fun- A 2:00- Back to School Spelling Bee- D 2:00- Music Therapy- C 3:00- Music Therapy- H 3:00- Coffee Social- D 6:00- Manicures with Sarah	10:00- Exercise Circle- C 10:15- Exercise- V 10:45- Music & Movement-H 10:45- Trivia Fun- V 2:00- BINGO-D
8:00 & 12:00- TV Catholic Mass- Channel 29 10:00- Coffee Cart Visits- All units 2:00- Afternoon Movie- D	10:00- Exercise Circle- All units 10:45- Trivia Fun- All units 2:00- Team Baseball Dice Game- D 3:00- Coffee Social- D 6:00- Peanut Butter and Jelly Cart- A	10:00- Exercise Circle- V & H 10:00- Sing-a-long DVD- C 10:15- Veteran's Coffee Club-C 10:45- Trivia and Discussion-V & H 2:00- Rosary- Chapel 2:00- Crafts & Coloring- c & H 3:00 Coffee Social- D 6:30- Bingo- Main Dining Room	9:30- Divine Liturgy- D 10:00- Exercise- C & H 10:45- Word Games- C & H 2:00- Musical Movie Sing-a-long- D 3:00- Coffee Social- D 6:00- Cookie Baking- All units	10:00- Exercise- A 10:45- Trivia Fun- A 2:00- Baking Club- D- Making Apple Pies 3:00- Coffee Social- D 6:15- Bingo- D	10:00- Exercise- A 10:45- Trivia Fun- A 2:00- Music therapy- D 3:00- Coffee Social- D 6:00- Manicures with Sarah	10:00- Exercise Circle- C 10:00- Exercise Circle- V 10:45- Music & Movement-H 10:45- Trivia Fun- V 2:00- Bingo- D 4:05- Red Sox VS' Yankees
8:00 & 12:00- TV Catholic Mass- Channel 29 10:00- Coffee Cart Visits- All units 2:00- Afternoon Movie- D	10:00- Exercise Circle- All units 10:45- Trivia Fun- All units 2:00- Wii Games- D 3:00- Coffee Social- D 6:30- Music with Jeff Thomas-All units	10:00- Exercise Circle- A 10:45- Trivia & Discussion- A 2:00- Catholic Service- Chapel 2:00- Crafts & Coloring- D 3:00- Coffee Social- D 6:00- Baking Cookies- A	9:30- Divine Liturgy- D 10:00- Exercise- C & H 10:45- Word Games- C & H 2:00- birthday Party- Music with Paul Bonneau- D 3:00- Coffee Social- D 6:30- Bingo- Main Dining Room	10:00- Exercise- A 10:45- Trivia Fun- A 2:00-Saint Spyridon Coffee Social- D 3:00- Si ng-a-long- D 6:30- Bingo- D	10:00- Exercise- A 10:45- Trivia Fun- A 11:30 Lobster Luncheon- Main Dining Room 2:00- Music Therapy- D 3:00- Coffee Social- D 6:00- Manicures with Sarah	10:00- Exercise Circle- C 10:00- Exercise Circle- V 10:45- Music & Movement-H 10:45- Trivia Fun- V 2:00- BINGO-D
8:00 & 12:00- TV Catholic Mass- Channel 29 10:00- Coffee Cart Visits- All units 2:00- Afternoon Movie- D	10:00- Exercise Circle- All units 10:45- Trivia Fun- All units 2:00- Prize Auction- D 6:00- Peanut Butter and Jelly Cart- A	10:00- Exercise Circle- A 10:45- Trivia & Discussion- A 2:00- Rosary- Chapel 2:15- Coloring & Crafts- C & H 3:00- Coffee Social- D 6:30- Bingo- Main Dining Room	9:30- Divine Liturgy- D 10:00- Exercise- C & H 10:45- Word Games- C & H 2:00- Resident Council- D 3:00- Coffee- Social- D 6:00- Baking Cookies- A	10:00- Exercise- A 10:45- Trivia Fun- A 2:00- Dance Show with Maggie- D 3:00- Coffee Social- D 6:30- Bingo- D	10:00- Exercise- A 10:45- Trivia Fun- A 2:00- Baking Club- D 2:00- Music Therapy- C 3:00- Music Therapy- H 3:00- Coffee Social- D 6:00- Manicures with Sarah	10:00- Exercise Circle- C 10:00- Exercise Circle- V 10:45- Music & Movement-H 10:45- Trivia Fun- V 2:00- BINGO-D